



Texas Optometry Board Continuing Education Categories

32 Hours of CE Required for a biennial renewal

- 24 – Diagnostic/Therapeutic (DT)
- 2 – Professional Responsibility (one each year)
- 1 – Human Trafficking per §116.003 of the Occupations Code
- 5 – General (can be DT or practice management)

For purposes of Board rules, a one-hour course must include 50-60 minutes of instructional time which may include time for a Q&A period. Additionally, please note if the course is in a live or synchronous format. A synchronous format means there is direct real-time audio-visual interaction between the licensee and the provider.

Additional information regarding submitting a continuing education course can be found at [22 TAC Part 14, Rule 275.1](#).

When submitting a course for review, please include a course outline with a breakdown of the estimated time to cover each section or topics. Additionally, if able, please provide a link to the slide deck for review.

Using the COPE guidelines, the Board recognizes the following topics as Diagnostic/Therapeutic, and they should be categorized as D/T when submitted to CE Broker.

Clinical Optometry

- Contact Lenses (CL): All aspects of contact lens applications.
- Functional Vision/Pediatrics (FV): Those portions of optometric practice that deal with visual processing and neuro-optometric rehabilitation (acquired brain injury), including sports vision, binocular vision (strabismus/amblyopia), visual processing and vision therapy or vision development.

- General Optometry (GO): Any study in the area of the eye and vision care, which constitutes eye and vision research, or examination, diagnosis and treatment of anomalies of the human eye and visual system.
- Low Vision/Vision Impairment & Rehabilitation (LV): All aspects of low vision devices, care and therapy; including models of care based on a team approach and case management.
- Public Health (PB): Those portions of optometry focused on disease prevention, epidemiology, and health promotion at a population level and considering evidence from the fields of biostatistics, environmental health, infectious disease, epidemiology, social epidemiology, health policy and management of social and behavioral sciences.

Ocular Disease

- Glaucoma (GL): The study of the etiology, clinical pathophysiology, diagnosis, treatment, management, and the outcomes of therapeutic regimens.
- Injection Skills (IS) Instruction and clinical training in ocular injection for the purpose of therapeutic diagnosis and treatment of disease or anaphylaxis.
- Peri-Operative Management of Ophthalmic Surgery (PO) The study of all aspects of pre- and post-operative management of invasive ophthalmic surgery procedures including Refractive Surgery.
- Treatment & Management of Ocular Disease (TD): The study of the etiology, clinical pathophysiology, diagnosis, treatment, management, and outcomes of therapeutic regimens for anomalies of the human eye.
- Laser Procedures (LP) The study and clinical training in the performance of any ophthalmic laser procedure of the anterior segment and adnexa.
- Surgery Procedures (Optometric) (SP) Instruction and/or clinical training in the performance of ocular surgery procedures.

Related Systemic Disease

- Neuro-Optometry (NO): The study of the etiology, clinical evaluation, diagnosis, treatment and management of disease and disorders of the nervous system, both systemically and as it relates directly to the eye and visual system.
- Pharmacology (PH): The study of the actions, interactions and proper uses of medications in human biological systems. This includes the study of the etiology, clinical evaluation, diagnosis and treatment of ocular disease using the appropriate medications, topical, oral, or other routes of administration, for diagnosis and ocular therapy.
- Systemic Disease (SD): The study of the relationship of any anomaly of normal function of the human body and the possible manifestation of such as signs and/or symptoms in the eye or visual system. Courses in which the majority of course content or emphasis is on the systemic disease and not the ocular manifestation of the systemic disease should be placed in this category.

The following are NOT considered Diagnostic/Therapeutic and should be categorized as GENERAL when submitted to CE Broker.

- Practice Management (PM): The study of management of the business affairs of optometric practice. This includes the concepts of managed care and operations management, leadership, marketing, social media, patient communication, as well as courses designed to help market practices, to educate office staff, to improve billing efficiency and coding skills, to improve clinical recordkeeping and to enhance fiscal efficiency.
- Ethics/Jurisprudence (EJ): The study of the body of law in the practice of optometry and its relationship to the Medical-Legal system.